

Munga African Food

KILIMO KWANZA

Vegetables

1. MANAGU KIKUYU



2. TERERE/ MCHICHA/ LENGA LENGA



Phone 417-839-2336

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3. SUKUMA WIKI



4. AFRICAN SPINACH



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5. SAGA (Spider Plant)



6. MAHINDI MEUPE (Maize)



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7. PUMPKIN LEAVES



8. MATEMBELE / MAJANI YAVIAZI



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9. ZAMBARIGA



10. WHITE EGGPLANT / NYANYA MSHUMA AUNYANYA NDORE



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11. COPENHAGEN CABBAGE



12. NYANYA MAJI (Rio Grande Heirloom Tomato)



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13. KALE MATUMBO



14. RED CREOLE ONION



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15. CASSAVA LEAVES



16. MRENDI (Jute leaves)



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17. CHINESE CABBAGE



18. EPINARD (Spinach)



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Fish

1. MIKEMBUKA



2. DAGAA KAVU



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3. KUHE



4. NYAMU NYAMU



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5. KAMBARE (Catfish)



6. TILAPIA



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7. MZINGA



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Meat

1. LAMB



2. CHEVON (Goat)



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3. BEEF



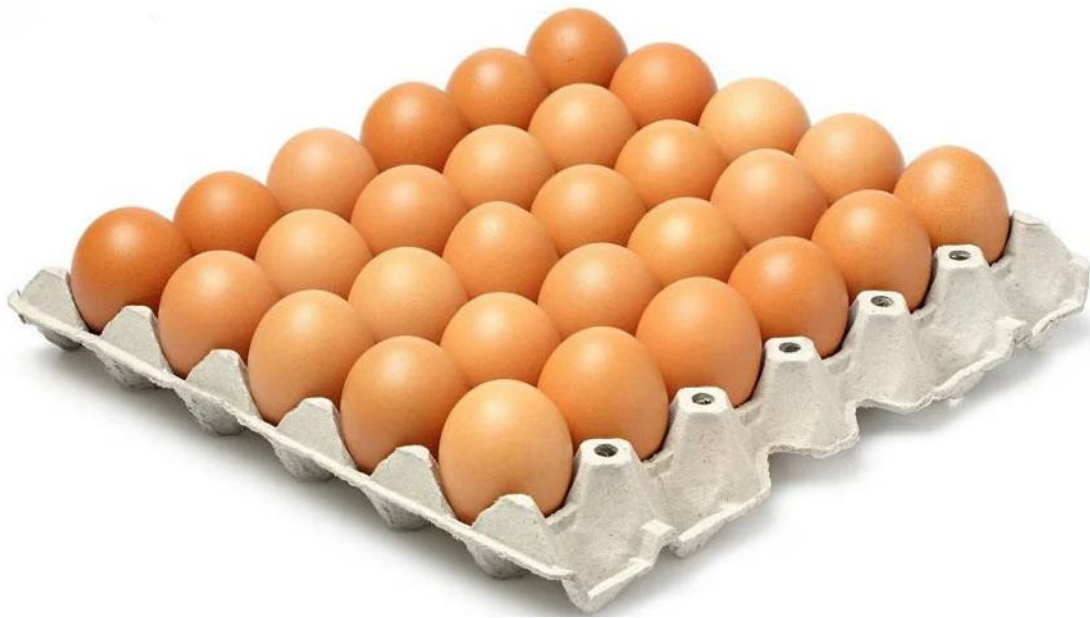
4. WHITE ORGANIC EGGS



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5. BROWN ORGANIC EGGS



6. ROOSTER ROASTER



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7. KUKU WA KYENYEJI



8. MUSCOVY DUCK



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KILIMO HIKI KINAPATIKANA

This project is found in Springfield, Missouri

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